



Immunization and Prescription Requirements

To travel to Niger with Effective Ministries, Inc. (EMI), each team member is required to fully comply with our immunization and prescription requirements. We take the health and well-being of our teams seriously and will not allow team members to travel without proper protection. It is the desire of our ministry to help ensure each team member has a safe and meaningful mission experience. Our EMI office can provide information on locations for procuring these immunizations and prescriptions. Please be aware that your health insurance may cover only a limited amount of the cost.

Below is the list of required immunizations and prescriptions compiled in accordance with CDC guidelines and the counsel of BetterMed Occupational Health Foreign Travel Clinic. This information is based on current in-country conditions and is subject to change.

IMPORTANT: All immunizations must be completed at least one month prior to your departure to Niger to ensure maximum protection.

Please review the immunization and prescription checklist on the back of this page for all details.

Required Immunizations	Date of Immunization or Prescription
Tetanus, Diptheria (Td): Adult booster needed every 10 years.	
Tetanus, Diptheria, Pertussis (Tdap): Adults who have never received Tdap should receive this vaccine once in their lifetime. After 10 years, will need to return to receiving Td boosters.	
Hepatitis A: 2 doses needed. Immunity is achieved 2-4 weeks after the 1st dose. 2nd dose given 6-12 months after the 1st dose. After 2nd dose immunity remains valid for 20 years.	
	Dose 1
Hepatitis B: 3 doses needed. 2nd dose given at least 1 month after the 1st dose. The 3rd dose is given 6 months after the 1st dose. First and 2nd doses offer complete protection and the 3rd dose prolongs protection.	
	Dose 1
	Dose 2
Polio (IPV): Childhood Polio vaccine series is required for all travelers PLUS 1 Adult Polio Booster for all travelers over the age of 18.	
Meningococcal: Required For the 'meningitis belt' of Africa regardless of season of travel. Travelers should receive a MenACWY booster every 5 years.	
Yellow Fever: VACCINE REQUIRED for entry into Niger with VISA application. Valid with certificate 10 days after receiving immunization, immunity & validity for LIFETIME . <i>New and expired vaccine certificates must have the word "LIFETIME" written on the certificate and signed by a medical professional or supervising clinician.</i>	
Typhoid: Option 1: Oral - You will need a prescription from your Doctor. - 4 doses, taken over a period of 8 days, immunity for 5 years Option 2: Injection - 1 dose, immunity for 2 years	
Required Prescriptions	
Malarone: Malaria Preventative. All of Niger is at risk for malaria. Due to side effects, prescription Lariam is NOT ALLOWED.	
Azithromycin (Zithromax Z-Pak): Traveler's diarrhea and sinus infection treatment. You will need one 250 mg pack.	
Suggested Immunizations	
MMR (Measles, Mumps, Rubella): If you have not had these illnesses, or the vaccine series you should highly consider immunization due to risk of exposure.	
Varicella (Chicken Pox): If you have not had this illness or the vaccine, you should highly consider immunization due to the risk of exposure.	
Shingles: Adults age 50+ regardless if you have had the chicken pox or the shingles, you should highly consider immunization. Shingrix is a 2 dose series given 1 month apart.	
Flu Vaccine - Seasonal	